# PLAN SERVICE CATEGORIES

#### 1. MENTORSHIP

Pregnancy help or case management

#### 2. HEALTH AND WELL-BEING

- Women's medical services (e.g. ob/gyn)
- Support services for women (e.g. breastfeeding)
- General health services (e.g. primary care, dental)

## 3. FINANCIAL ASSISTANCE, WORK, OR EDUCATION

- Financial assistance
- Work opportunities
- Education opportunities

#### 4. MATERIAL OR LEGAL SUPPORT

- Transportation
- Food or nutrition
- Clothing, household goods, or baby supplies
- Housing, shelters, or maternity homes
- · Legal support

#### 5. RECOVERY AND MENTAL HEALTH

- Addiction or suicide intervention
- Intimate partner violence, sexual assault, or sex trafficking
- Counseling for women and families
- · Abortion recovery and healing

#### 6. PRENATAL DIAGNOSIS

- Disability support organizations
- · Medical interventions for baby
- Perinatal hospice resources
- · Pregnancy or infant loss support

### 7. CARE FOR CHILDREN

- Childcare help
- · Children's health care
- · Family and parenting education
- Adoption services
- Foster or short-term care